

# HAPPENINGS

ISSUE NO. 381

FEBRUARY 2022

SERVING PORT ST. JOHN & CANAVERAL GROVES

HAPPENINGS  
BRIDGE  
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Submissions for publication need to be in before the 18th.

Call 321-633-7499 or e-mail to happenings1@att.net.  
www.happenings.net

## American Legion Riders Make A Difference



The American Legion Riders of Post 359 attended the Port St. John Christmas Parade on December 18th, then held their annual Toy Run the following day.

The American Legion Riders of post 359 raised enough money to give gifts valued at \$200.00 to each of ten kids in the PSJ area. The Riders themselves raised enough to buy bikes for each child.

Darlene Ashby donated holiday gift bags to distribute, also.

The Legion Riders do a fund-raiser the first Saturday of every month at the Post to raise money for Project Vet Relief, a nationwide homeless veteran assistance group.

The American Legion Riders are a national group and part of the American Legion, a group for military veterans and family members. Post 359 is located at 7260 S. US Hwy. 1, Bellwood, (just north of Port St. John), 321-268-1632.



Post 359 - American Legion Riders presents  
**Bike Days at the Tiki**  
Saturday, February 5,  
1:00 - 5:00 p.m.

Good food on the grill with Fixin's, \$6. Listen to live music, take part in drawings, 50/50. All proceeds to benefit veterans and veterans' families.

Contact Wayne Fowler, Events Coordinator, American Legion Riders Post 359, at 321-307-1450 or visit our website, alr359.org, for more information.



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PERMIT NO. 53

# Thunder Over Indian River Golf Classic

Our Fourth Annual TOIR Golf Classic will be held on Saturday, April 23rd at Indian River Preserve Golf Club. All proceeds benefit Independence Day events and the fireworks display. (Yes, we're going to try again to get a permit. Hopefully we can get permission to use the OUC property this year and not be blocked by the Parks and Recreation Director. Again.)



The cost is \$65 per person or \$240 per team and includes greens fee, cart, lunch, range balls and on-course contests. Registration will begin at 7:00 a.m. with the tournament officially starting at 8:00 am. Afterwards, please join us in the Clubhouse for lunch, awards and raffle at about 12:30 pm (when all teams have returned).

In addition to prizes for 1st, 2nd and 3rd place, there will be two "long drives," two "closest to the

pin" challenges, and a putting contest.

A hole-in-one wins a Buick Encore sponsored by Ron Norris Buick/GMC, a 15 SEER A/C system sponsored by Freedom Air and Plumbing, or a Hybrid Water Heater provided by Freedom Air and Plumbing.

Anyone who does not play golf can still participate by sponsoring a golf hole for \$125 or attend the awards luncheon for \$15.00.

For an application or additional info, email [PSJCommunityFoundation@gmail.com](mailto:PSJCommunityFoundation@gmail.com) or visit <https://portstjohncommunityfoundation.com/>. The deadline to register is April 8th.

## Central FL Accordion Club

The Brevard Chapter of the Central Florida Accordion Club (CFAC) holds its regular meeting the last Sunday of every month. Members and guests are invited to play accordions or other instruments.



Shows are held on the last Sunday of each month, 2:00-5:00 p.m. at Elks Lodge #1532, 315 Florida Ave., Cocoa. The event is open to the public. Admission is free.

## Free At-Home COVID Tests

The United States Postal Service is offering free at-home COVID tests. Residential households in the U.S. can order one set of 4 free at-home tests from USPS.com. Here's what you need to know about your order:

Limit of one order per residential address.

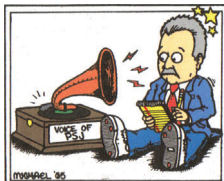
One order includes 4 individual rapid antigen COVID-19 tests.

Orders will ship free starting in late January.

Fill in the form at <https://special.usps.com/testkits> with your contact and shipping information to order your tests. You do not have to set up an account with USPS. There will be billing and postage costs showing on the page, but don't fret, they are all \$0.00 and will stay that way.

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You can also use <https://www.covidtests.gov/>, but it will take you to the same USPS site.



## Randy Rodriguez - Realtor

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**HAPPY  
VALENTINE'S DAY!**



### 2 Bedroom/2 Bath Conversion \$219,000

Relax in comfort in your back yard tropical paradise. This lovely home on corner lot has French doors to patio, 1-car garage and 1-car steel carport, new roof in 2020, SS refrigerator in 2021. Lush landscaping. Owner says it's all edible - fruit trees, spices, natural health plants. 3rd bedroom was converted to a formal dining room. A door and closing a doorway would change it back. Well and pump, fenced lawn. LARGE pantry, utility room with washer and dryer. Shed on slab in back yard. Natural gas connection available. More!



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# PSJ Community Center Schedule - February, 2022

The center is open Mondays–Thursdays from 10 a.m. to 7 p.m., Fridays from 9 a.m. to 6 p.m., Saturdays 10 - 2 p.m.. **Schedule is subject to change. For latest information or to register, call 633-1904.**

## Mondays

Seniors At Lunch, 10:00 a.m.-1:00 p.m.  
 Outside Basketball, 10 a.m - 7 p.m.  
 Game Room/Computers, 10 a.m. - 7 p.m.  
 Billiards, 10 a.m. – 7 p.m.  
 Community Cares Aftercare, 2:30 p.m. – 6 p.m.  
 Zumba (adult class with Jackie), 5:30 – 6 :30 p.m.

## Tuesdays

Seniors At Lunch, 10:00 a.m.-1:00 p.m.  
 Outside Basketball, 10 a.m - 7 p.m.  
 Game Room/Computers, 10 a.m. - 7 p.m.  
 Billiards, 10 a.m. - 7 p.m.  
 Community Cares Aftercare, 2:30 p.m. – 6 p.m.

## Wednesdays

Seniors At Lunch, 10:00 a.m.-1:00 p.m.  
 Outside Basketball, 10 a.m - 7 p.m.  
 Game Room/Computers, 10 a.m. - 7 p.m.  
 Billiards, 10 a.m. – 7 p.m.  
 Community Cares Aftercare, 2:30 p.m. – 6 p.m.  
 9th & 23rd - Culinary Kids, 4:00 -5:30 p.m.

## Thursdays

Seniors At Lunch, 10:00 a.m.-1:00 p.m.  
 Outside Basketball, 10 a.m - 7 p.m.  
 Game Room/Computers, 10 a.m. - 7 p.m.  
 Billiards, 10 a.m. - 7 p.m.  
 Community Cares Aftercare, 2:30 p.m. – 6 p.m.  
 3rd, 17th, & 24th - Advanced level Line Dance class, 4:30 - 6:30 p.m.

## Fridays

Seniors At Lunch, 10:00 a.m.-1:00 p.m.  
 Outside Basketball, 9 a.m - 6 p.m.  
 Game Room/Computers, 9 a.m. - 6 p.m.  
 Billiards, 9 a.m. - 6 p.m.  
 Community Cares Aftercare, 1:30 – 6 p.m.

## Saturdays

Outside Basketball, 10 a.m - 2 p.m.  
 Game Room/Computers, 10 a.m. - 2 p.m.

**Zumba Classes With Jackie** - A total workout, combining all elements of fitness - cardio, muscle conditioning, balance and flexibility, boosted energy and a serious dose of awesome each time you leave class.

Details about my class - We social distance with flair! \* Bring your water bottle\* Bring your towel\* Bring a buddy\* Only \$5 for an hour of fun while you work out and torch the calories! ~ Jackie Lewis

## About Kel's Kitchen:

**Culinary Kids**—Every other Wednesday at 4:00-5:30 p.m. A special program for the child who has a keen interest in all things culinary. This program runs every other Wednesday. The focus is on developing foundational skills to carry into your kitchen at home. \$18.00 per child. Adult must accompany child and you must preregister at [www.floridakelskitchen.com](http://www.floridakelskitchen.com).

## New Advanced Line Dance Class

This is an Advanced Level line dance class. You should have 1-2 years of line dance experience to enjoy this level of dancing to Country, Cha-Cha, Latin and many popular and current songs. Thursdays- 4:30 – 6:30 p.m. \$5.00 per class.

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**Good Day!** by Maureen Rupe

### PSJ Special District Planning & Zoning Request

On January 5, The PSJ Dependent Special District Board had the following request: KJ Group FL, LLC requests a CUP (Conditional Use Permit) for Alcoholic Beverages (full liquor) for On-Premises Consumption in Conjunction with a Private Club, in a BU-1 zoning classification (21PZ00074)(tax Account 2315967)(District 1).

The CUP was for an existing AmVeter Club inside a shopping center on West Avenue. All traffic was facing US. 1. There were a number of American Veteran members in attendance. There was no opposition. There was a motion made to approve, and the vote to approve passed unanimously.

Reference: <https://brevardfl.legistar.com/MeetingDetail.aspx?ID=907118&GUID=211D6CF2-6DE2-4564-88DB-4BBCD908D5A9&Options=info&Search=>

### EPA Manatee Lawsuit

On November 17, 2021, Lesley Blackner, Attorney for Bears Warriors United Orlando Board, gave the Environmental Protection Agency (EPA) a 60-day notice that she planned to sue to remedy the Manatee violations in the northern Indian River Lagoon. The violations include, but are not limited to: Destruction of the manatees' food supply and destruction of the manatees' habitat, resulting in the manatees' starvation. She states in her paperwork that the cause was due to the Florida Department of Environmental Protection (DEP)'s regulation, permitting and authorization of sewage disposal' including onsite sewage disposal systems (septic tanks), and sewage treatment facilities. On December 20, 2021, Earth Justice

attorneys will represent the Defenders of Wildlife, Save the Manatee Club and Center for Biological Diversity which filed a notice that they were also suing the EPA. They want Fish & Wildlife Service to re-assess water quality standards due to the deaths of over 1,000 manatees in Florida, with the majority in the IRL

From my point of view, anything to keep the plight of the IRL and its inhabitants, like the number of manatees we've lost should be supported. We have probably passed the Indian River Lagoon's tipping point, and what we are currently spending to fix the lagoon will probably not even keep up with the sheer number of developments being approved by the county and Brevard's cities. It will probably take 50 to 60 years to bring the IRL back to what should be considered normal, and will probably take longer with the way the cities and county seem to be wanting to pave over all our greenspace to build up their tax base.

Reference: <https://www.fox13news.com/news/conservation-groups-plan-lawsuit-against-epa-over-floridas-record-manatee-deaths>

### Another EPA Lawsuit about Florida DEP issues

Earthjustice filed suit to stop an attempt by the U.S. Environmental Protection Agency to allow Florida to fast-track wetlands permits for construction projects. According to the earthjustice.org article, "The lawsuit points out that the U.S. Environmental Protection Agency's approval of Florida's Department of Environmental Protection's application to assume jurisdiction over the Clean Water Act permitting program is unlawful because:

- Florida fails to demonstrate adequate authority to carry out the wetlands permitting program.

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&  
ALLENDER  
Attorneys At Law



STEVEN ALLENDER

· Florida fails to ensure protection of animals and plants under the Endangered Species Act.

· Florida fails to demonstrate it has sufficient funding and staffing to implement and enforce the program.”

The groups bringing this lawsuit are: Center for Biological Diversity; Defenders of Wildlife; Florida Wildlife Federation; Miami Waterkeeper; Sierra Club; St. Johns Riverkeeper and The Conservancy of Southwest Florida.

Reference: <https://earthjustice.org/cases/2021/stopping-the-epas-rubber-stamping-of-florida-wetlands-destruction>

### Safe Waterways

Howard Simon, Ph.D., president of Clean Okeechobee Waters Foundation and a board member of Calusa Waterkeeper wrote an inter-

esting commentary in the January 12, 2022 Palm Beach Post. He states after years of monitoring, the Florida Department of Environmental Protection have determined that almost 9,000 miles of streams and rivers designated for recreation are contaminated by fecal bacteria. Fecal bacteria contamination can cause diarrhea, nausea, rashes and eye irritation. This can come from leaks from sewage plants, poorly functioning septic plants, animal waste runoff from fields or untreated stormwater.

Sen. Lori Berman of Delray Beach and Rep. Yvonne Hayes Hinson of Gainesville have introduced the “Safe Waterways Act” with Senate Bill 604 and House Bill 393. The proposed bills requires the Florida Department of Health (FDOH) to issue health advisories and to have county

health departments post and maintain warning notices at “public bathing places” that are used for swimming or recreational activities. The proposal also requires FDOH to notify a municipality or county if elevated bacteria levels are issued within the municipality’s or county’s jurisdiction. The department would maintain signage until water quality standards are met.

<https://www.palmbeachpost.com/story/opinion/2022/01/12/florid-must-be-required-notify-public-sewage-tainted-beaches/9163748002/>

### Malabar Scrub Sanctuary Issue

At the January 11, 2022 Brevard County Commission meeting, item I.1 was about the Malabar Scrub Sanctuary, where on the agenda, it stated the following: “On Monday, January 3rd, 2022,

*cont., next page*



# FREEDOM

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### Good Day!, cont.

County staff gave a presentation to the Town of Malabar regarding the Malabar Scrub Sanctuary, consistent with the Board of County Commissioner's previous direction to engage the public and interested groups. The Town of Malabar City Council responded in a manner that requires this Board's immediate attention. For instance, the Council indicated that if this Board doesn't acquiesce to its demands, they will make it as "painful, difficult and expensive as possible on the County for it to carry out its restoration function. As such, it is requested that the Board discuss its options to ensure that the County is able to perform its functions effectively."

I did find out that the Town of Malabar has a Mountain Bike Club and that club and the town of Malabar seem to be using the Environmentally Endangered Lands (EEL) Sanctuary as more of a recreational park than an EEL property for which it was purchased. What the town doesn't seem to understand is that when the EEL resolution was passed in 1990, the resolution set up a shared agreement between Brevard County and the state of Florida. Some properties are owned by Brevard, but not the Malabar Scrub Sanctuary along with many other EEL properties in Brevard County.

According to the EEL Program <http://www.brevardfl.gov/EELProgram/home>: "The Environmentally Endangered Lands (EEL) Program was established in 1990 to protect the natural habitats of Brevard County by acquiring environmentally sensitive lands for conservation, passive recreation, and environmental education.

This was made possible by citizens who voted to tax themselves for the acquisition and maintenance of Brevard's natural areas. Residents reaf-

firmed the EEL Program in 2004 under a second referendum to protect the natural habitats within Brevard County by the acquisition of environmentally sensitive lands through a willing seller program for the purpose of conservation, passive recreation and environmental education.

To stretch these funds as far as possible, the EEL Program forms partnerships with federal, state and local agencies that are committed to the protection of natural resources and our long-term quality of life. EEL sanctuaries are managed to preserve native habitats and the plants and animals that live there.

Malabar Scrub was specifically purchased for protection of the Scrub Jay, is owned by the state and managed by a Board of Trustees (the Governor and Cabinet). Through the partnership made with Brevard County, the county was given a 50-year lease to manage the EEL plan that was put forward by the Board of Trustees. Since this is the case, the town of Malabar's objection should be passed on to the Board of Trustees, where the state would make the decision on how to move forward, not Brevard County. The state has justification to take legal action for any actions that are not complying with state law.

The town of Malabar and everyone else needs to remember the EEL program's primary responsibility is to the Endangered Species the land was acquired to protect. The Malabar Scrub and many other properties are owned by the state, and those properties the county was partnered to manage, and any decisions are up to the management board which oversees the properties.

There are many public meetings before this Malabar Scrub issue can be resolved. I'm told if the Town of Malabar does not issue permits



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to remove the trees, a fence will be put up and the Malabar Scrub Sanctuary will be closed from future use by all citizens on January 25th. Since this issue isn't published until February, who knows what will happen? I will keep you informed of any updates.

Reference:

<https://brevardfl.legistar.com/LegislationDetail.aspx?ID=5373558&GUID=07A848E4-1C1F-49E1-ABC0-3371933768CF>

### Blocking Mail Boxes

I found out this week that there are no federal or state laws that prevent anyone from parking in front of and blocking your mail box. My mail and my neighbors were missed one day when a tradesman blocked our mailboxes. I know, at least in PSJ, a lot of mailboxes are grouped 3 or 4 together. What happens if this repeatedly happens? The Brevard County Sheriff's Department said there is nothing they can do, as there is no law for them to act on. He said the solution is basically to ask for good will.

I found out some post offices have a policy of skipping delivery to any mailboxes when they are blocked by a car or other obstruction. Carriers are told to bring the mail back and mark it as "box blocked" or something similar and try again the following day. However, Postal Operations Manual 632.14 states: "The customer is responsible for keeping the approach to his or her mailbox clear to facilitate delivery. Where the approach to the mail receptacle located

at the curb is temporarily blocked by a parked vehicle during normal delivery hours for the area, or snow or ice hampers the approach to the mailbox, the carrier normally dismounts to make delivery." So you may or may not get mail if someone or something is blocking your mailbox.

Does anyone have a solution? What if you are waiting on a dated legal document? It doesn't seem like this would go on long without some very upset people? Let me know what you think?

Reference:

[https://www.nalc.org/news/the-postal-record/2011/october-2011/document/officers-1011\\_Layout-1-13.pdf](https://www.nalc.org/news/the-postal-record/2011/october-2011/document/officers-1011_Layout-1-13.pdf)

Cheerio,

Maureen Rupe

[rupe32927@earthlink.net](mailto:rupe32927@earthlink.net)

## Parks & Recreation Meeting



The North Brevard Commission on Parks and Recreation will hold its next monthly meeting on Thursday, February 10th, 2022, at 5:00 p.m.

The meeting will be held in the Brevard Room at 518 South Palm Avenue in Titusville. The public is invited to attend. The Brevard Room is located

in a building on the north side of the parking lot behind the Brevard County Government Center-North.

For questions, call Jeff Davis at 321-264-5105.

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## Rose's Room

~ Rose Padrick



### Life well lived

The fact that we live in a small piece of paradise has not separated us from the nastiness that has been swirling around us, both physical and emotional. To all of those affected by sickness, just plain meanness or both, please know you are not alone and prayers are being sent.

Being well on the other side of the half century mark, I have learned a few things...my problems with remembering all (or any) of them is a whole 'nuther column. One thing that did become imbedded in my gray matter is the quote from my mother, "This too shall pass. Everything does."

I have found this simple little adage invaluable in tough times. Knowing that nothing is permanent has gotten me through the years of colic, thousands of diapers, potty training, teachers notes, angst, panic and love of five teenagers (four female!), hard financial and physical times, several

moves, more than several automobile breakdowns, going into total panic as member after member of my family catch this newest health threat, and is guiding me in this part of my life journey without the other half of my soul.

I've also learned this goes double for the good things. Bathing in the memories of tiny snugglable babies, squeals of delight at the sight of a hidden Easter egg, first days of school... College admission letters are certain to bring a smile to my whole face no matter what it may be doing at the time, knowing that these things are fleeting makes them all the sweeter.

I think with age comes the realization that tomorrow is not promised and, as per Mom's motto, nothing last forever. We need to be and to do the best we possibly can and do our best to enjoy every second we can.

However, there are times I have to search for something to bring that smile or take advantage of any situation that may arise. Most of the time now-a-days this search involves my family members. Having three newborns join our large clan just weeks apart brings out-loud laughter, as does the realization the exact same thing happened with the exact same ratio of tiny blue and pink blankets almost exactly 27 years ago. I pray I will be here to see what happens twenty-seven years from now.

Almost as many smiles come with just a little 'encouragement' on my part...

Knowing I will most likely lose a recent weight loss challenge, I actually giggle as I hit 'send' on my keyboard, transporting beautiful color pictures of biscuits and gravy or chocolate pie to the other challengers.

Watching a daughter wander room to room searching for her glasses with said spectacles

gripped firmly in her right hand brings guffaws, especially since I was directing her.

Sharing a cup of coffee with another daughter while marveling at the beauty of a front lawn covered with red breasted winter visitors brings a smile to these old lips. Having her search for a non-existent red-headed Robin nudges them into snickers.

Feeling the sun on my back and the dirt between my fingers always makes gardening a most enjoyable experience, one more thing to enjoy to the fullest before the season is over. 'Accidentally' leaving a six foot shedded Black Snake skin found in said garden coiled in my son-in-law's favorite porch chair makes the whole afternoon a most memorable experience for all involved. And isn't that what life should be all about?

Living the best life possible for some can be something as drastic as throwing caution to the wind and purchasing a canary yellow, rag top, mid-life crisis, or for others sitting shotgun in said Chevrolet product - hands above my head singing/bellowing "Ride Sally Ride!" flapping wattle be damned.

It may be a little harder to find something to belly laugh about or to grab that young and free feeling these days, but it can be done and gets easier with practice. Having warily gullible off-spring just makes it so much easier.

I invite everyone, especially those who not only know what a rotary phone is - but used it to listen in on the party line - to step outside, smile at Ol Sol and take a ride with all the windows down while bellowing any Wilson Pickett song that you might remember any part of.

And I dare you not to be smiling when you return.

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## Be Health Aware

Practice healthy habits like early preventive care screenings and routine checkups. You'll have better control of your quality of life now and well into the future. It's not always easy staying on top of your health, but doing so can improve your life.

Men are more likely to have chronic diseases that result in life-altering complications that could be prevented with early detection. But it's simple. Healthy habits can influence the rest of your life. Managing your health alongside your provider through early screenings and routine checkups will allow you to provide longer for those who depend on you.

Take your free health risk assessment today at [www.Parrishhealthcare.com/healthaware](http://www.Parrishhealthcare.com/healthaware).



## Art Show

The Central Brevard Art Association is presenting its annual Spring Art Show and Sale at the Cape Canaveral Public Library showcasing the unique talents of local artists. Dozens of local artists will be displaying and selling a variety of original fine art and prints, photography, jewelry, silks, clay, wood, sculpture, mixed media and much more! Gift Baskets will be raffled with 100% going to the CBAA scholarship fund.

The Cape Canaveral Public Library is located at 201 Polk Avenue, Cape Canaveral. Admission and parking are free. Show hours are Thursday, February 10th, 9 a.m. to 5 p.m.; Friday, February 11th, 9 a.m. to 5 p.m.; Saturday, February 12th, 10 a.m. to 3 p.m. To learn more visit [www.cbaaartists.com](http://www.cbaaartists.com) or call us at 321-632-2922.



## Titusville Playhouse 57th Season

The Titusville Playhouse, Inc. is located within the Historic Emma Parrish Theatre on Hopkins Ave. (US1 southbound), providing professional quality entertainment on the Space Coast. The MainStage theatre includes a 150 seat orchestra section and a 124 seat Balcony Section. The new Shuler Stage is an open air stage across the street.

### MainStage Shows:

**KINKY BOOTS** – Rated PG-13. January 14 – February 13, 2022.

Winner of six Tony Awards, including Best Musical, Kinky Boots features a joyous, Tony-winning score by Cyndi Lauper. Charlie Price has reluctantly inherited his father's shoe factory, which is on the verge of bankruptcy. Trying to live up to his father's legacy and save his family business, Charlie finds inspiration in the form of Lola, a fabulous entertainer in need of some sturdy stilettos. As they work to turn the factory around, this unlikely pair find that they have more in common than they ever dreamed possible... and discover that, when you change your mind about someone, you can change your

whole world.

- Friday, Saturday, select Thursdays at 8:00 p.m.
- Sunday And select Saturdays at 2:00 p.m.

Lobby Doors open 30 minutes before showtime. The lobby has a full liquor bar and dessert concessions.

For tickets, more information, times and dates for shows and information/prices for next season's shows, visit <https://titusvilleplayhouse.com/home/>.

COVID adjustments - Temperatures are taken at the entry door. Patrons are required to wear masks and keep them on during shows.

### Shuler Stage

- Friday and Saturday at 7:30 p.m., Sunday at 3:00 p.m.

- Doors open 30 minutes before showtime.

\$30 General Admission\* (No Discounts)

**Keepin' it Kinky - January 21 – February 13, 2022**

Keep the party going Friday & Saturday nights after our Mainstage production of Kinky Boots by joining us for our late night drag show, hosted by Jordyn Linkous.

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# Innovative Technology For The Treatment Of Advanced Heart Disease Available Only At Parrish Medical Center

Advanced heart disease treatment that reduces the risk for heart attack and stroke while increasing patient safety and comfort is now available in Brevard County, exclusively at Parrish Medical Center (PMC).

Shockwave Intravascular Lithotripsy (IVL), uses sonic pressure waves to break up arterial calcium deposits that cause atherosclerosis (hardening of the arteries), which decreases blood flow and can also lead to heart attacks and strokes. IVL was approved by the U.S. Food and Drug Administration (FDA) in February, 2021.

“In our Cardiac Cath Lab, we are using IVL to treat complicated calcified coronary heart disease in a safer and easier way than ever before,” said Cath Lab Director and Chairman of Medicine Dr. Biju Mathews. “With this technology we are able to achieve better lasting results through better lesion preparation and a higher degree of stent expansion that reduces the need for future procedures,” says Dr. Mathews.

The FDA describes how IVL is used to treat heart disease: “The lithotripsy emitters at the end of the catheter create pressure waves that are intended to break up the calcification that is restricting blood flow in the vessels of the heart. This helps open the blood vessels when the balloon

is inflated (angioplasty). After using the Shockwave system, the doctor will implant a different device called a stent, which is a metal tube that helps keep the vessel open.”

More than 125 Floridians a day die of heart disease, making it the state’s leading cause of death. Nationally, more than 600,000 people die annually of heart disease. As heart disease, specifically coronary calcification, progresses, plaque buildup on the arterial wall narrows and eventually restricts blood flow. IVL, as described, is a better way to bring a healing experience for cardiac patients.

“Medical technology, once approved for use, is of value only to patients when they have access to it. We’re delighted at PMC to be the only hospital in Brevard presently making IVL treatment available to patients in need of this vital service,” said Dr. Mathews. Parrish’s first IVL treatment was performed in November by Dr. Mathews.

IVL is PMC’s latest cardiovascular advancement offered as a part of the hospital’s cardiovascular patient care services. PMC was also the first to offer other cardiovascular advancements such as the world’s smallest pacemaker, the Micra AV.

For more information visit [parrishhealthcare.com/IVL](http://parrishhealthcare.com/IVL). To schedule an appointment with Dr. Mathews, call 321-383-7600.



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## ‘Pick It Up, Pack It Up’

The District 2 Commission Office, along with the Space Coast Office of Tourism, are joining forces with Keep Brevard Beautiful, Canaveral Port Authority, FDOT District 5 Operations Center and its roadway contractors, and the Brevard County Sheriff’s Office, for a “Pick It Up, Pack It Out” anti-litter education and awareness campaign. The campaign is designed to stem ongoing litter issues on State Road 528 and other area causeways, and to protect two of the county’s biggest tourist attractions – the beaches and the Indian River Lagoon -- from becoming littered with trash and debris.

The “Pick It Up, Pack It Up” campaign is multi-faceted but focuses primarily on education, signage, awareness, enforcement and community-based cleanups. Among steps planned or already underway include:

An extra dumpster for the southern shoreline and allocated funds for a trailer for litter removal and cleanup supplies.

Port Canaveral will continue to maintain three waste dumpsters it already has in place along the Banana River portion of SR528.

FDOT has added 36 anti-litter signs along SR528 in areas of high traffic.

Keep Brevard Beautiful has been approved for an additional grant through the Space Coast Office of Tourism to offer more cleanups.

BCSO is increasing visibility in areas that have generated complaints or concerns.

All agencies will be posting campaign messages on their websites and on social media and are also asking residents to help spread the word about the “Pick It Up, Pack It Up” campaign. If you would like to hold or participate in a cleanup event, please contact Keep Brevard Beautiful at (321) 631-0501.

## Monthly Tax Update

This month I want to provide you with some action being taken to discuss the issues with the Internal Revenue Service Center (IRS). To begin with, I found this article from my association National Society of Tax Preparers (NSTP). These are excerpts from their report. The Taxpayer Advocate, Erin M. Collins, released her 2021 Annual Report to Congress, calling calendar year 2021.

In the report, this year has been the most challenging year taxpayers and tax professionals have ever experienced. Tens of millions of taxpayers experienced delays in the processing of their returns, and approximately 77 percent of individual taxpayers receiving refunds had processing delays translating into refund delays.

The report credits the Internal Revenue Service for performing well under difficult circumstances. Since the start of the pandemic, the IRS, in addition to its traditional work, has implemented significant programs enacted by Congress. Among other things, it issued 478 million stimulus payments (referred to as Economic Impact Payments or "EIPs") totaling \$812 billion and sent Advance Child Tax Credit (AdvCTC) payments to over 36 million families totaling over \$93 billion. The report says the imbalance between the IRS's workload and its resources has never been greater. Since fiscal year 2010, the IRS's workforce has shrunk by approximately 17 percent while its workload, as measured by the number of individual return filings, has increased by approximately 19 percent. The National Taxpayer Advocate's longstanding recommendation reiterated Congress needs to provide the IRS with sufficient funding to serve taxpayers well. There isn't any way to sugarcoat the year 2021 in tax administration resulting in substantial taxpayer problems.

Furthermore, she is deeply concerned with the upcoming filing season. She acknowledged paper is the IRS's kryptonite and the agency is still buried in it. As of late December, the IRS had backlogs of over 6 million unprocessed original individual returns (Forms 1040), over 2.3 million unprocessed amended individual returns (Forms 1040-X), more than 2 million unprocessed employer's quarterly tax returns (Forms 941 and 941-X), and about 5 million pieces of taxpayer correspondence, with some of these submissions dating back at least to April, and many taxpayers are still waiting for their refunds.

This has resulted in tax professional organiza-

tions, including the NSTP, to send a joint letter to the IRS calling for the agency to take actions to reduce the burden on taxpayers from the agency's extreme backlog in processing tax returns and dealing with correspondence. The letter begins by noting the impact the COVID-19 pandemic has had on the IRS, taxpayers and tax professionals: The Coronavirus Disease 2019 pandemic, (commonly known as "Coronavirus"), has created unforeseen and long-lasting difficulties for the Internal Revenue Service, taxpayers and tax professionals alike. As we start a third tax filing season under a new variant of the Coronavirus, the Department of the Treasury ("Treasury") and the IRS "are under no illusions that it's going to go smoothly."

The letter points out specific backlogs the IRS is facing that create issues for taxpayers and tax professionals: Currently, the IRS still has an unprecedented number of unprocessed returns in comparison to years before the pandemic. Consequently, the IRS sends numerous mistargeted notices, liens and levies. Additionally, the IRS is only answering about 9 percent of all calls and near 3 percent of calls pertaining to individual income tax returns, which prevents taxpayers from resolving these straightforward issues. It also reflects the IRS has not taken sufficient action to relieve the burdens associated with these issues.

It is understood IRS recognizes it is frustrating for all, including the IRS, and they are unable to deliver the amount of service and enforcement our taxpayers and tax system deserves and needs. Additionally, they have not taken meaningful measures to reduce unnecessary burdens during this upcoming tax filing season. They have requested the agency to reduce the need for taxpayers and tax professionals to communicate with the IRS due to the persistent and erroneous notices. They should discontinue automated compliance actions until the IRS is prepared to devote the necessary resources for a proper and timely resolution of the matter; align requests for account holds with the time it takes the IRS to process any penalty abatement requests; offer a reasonable cause penalty waiver, similar to the procedures of first time abate (FTA) administrative waiver, without affecting the taxpayer's eligibility for FTA in future tax years; and provide taxpayers with targeted relief from both the underpayment of estimated tax penalty and the late payment penalty for the 2020 and 2021 tax years.

Not really sure what will come from this information, but we can hope relief, for you and us, will follow in short order.

Provided by Tracey C. Higginbotham, E.A., (321) 632-5726, a member of the National Society of Accountants.

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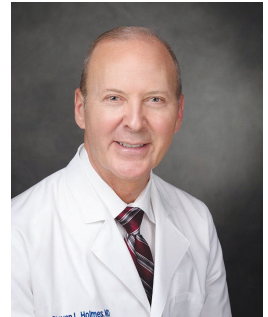
# Comparing Cold, Flu, Allergies and COVID-19

(Source: <https://newsinhealth.nih.gov/2022/01/it-flu-covid-19-allergies-or-cold>)

SYMPTOMS	COLD	FLU	AIRBORN ALLERGY	COVID-19
<b>Fever</b>	Rare	Usual, high (100–102 °F), sometimes higher, especially in young children); lasts 3–4 days	Never	Common
<b>Headache</b>	Uncommon	Common	Uncommon	Common
<b>General Aches, Pains</b>	Slight	Usual; often severe	Never	Common
<b>Fatigue, Weakness</b>	Sometimes	Usual, can last up to 3 weeks	Sometimes	Common
<b>Extreme Exhaustion</b>	Never	Usual, at the beginning of the illness	Never	Common
<b>Stuffy, Runny Nose</b>	Common	Sometimes	Common	Common
<b>Sneezing</b>	Usual	Sometimes	Usual	Rarely
<b>Sore Throat</b>	Common	Sometimes	Sometimes	Common
<b>Cough</b>	Common	Common, can become severe	Sometimes	Common, dry cough
<b>Chest Discomfort</b>	Mild to moderate	Common	Rare, except for those with allergic asthma	Common; can cause trouble breathing or persistent pain or pressure in the chest that calls for immediate emergency care
<b>Loss of Taste or Smell</b>	Rarely	Rarely	Rarely	Common

## Parrish Medical Group Welcomes Dr. Steven Holmes

Parrish Medical Group is pleased to welcome occupational health physician Steven Holmes to the Brevard community. Dr. Holmes is now offering primary care and occupational health services at Parrish Healthcare Center at Port Canaveral, 390 Challenger Road, Cape Canaveral.



Dr. Holmes earned his medical degree from Wayne State University School of Medicine in Detroit, Michigan. He was a recipient of a Health Professions scholarship from the United States Navy where he received training in General Surgery and Aerospace Medicine and practiced as a Flight Surgeon. Most recently, Dr. Holmes held the position of Medical Director of Ascension Medical Clinic in Ascension Parish, Louisiana.

Dr. Holmes strives to provide the highest quality of health care services while promoting the wellbeing of workers, their families and the local community through preventative health measures. Dr. Holmes is a past-president of the Mid-South Occupations & Environmental Medical Association, a component society of the American College of Occupational and Environmental Medicine. He is also a member of the American College of Lifestyle Medicine and the Alpha Omega Alpha Honor Medical Society.

Parrish Medical Group and Dr. Holmes are now accepting new patients. To schedule an appointment with Dr. Holmes, call 321-633-8640 or visit [parrishhealthcare.com/Holmes](http://parrishhealthcare.com/Holmes).

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## On the Road With Rose



### Rich Grissom Memorial Wetlands

3658 Charlie Corbeil Way, Viera, FL  
321-637-5521

<http://www.brevardfl.gov/utilityservices/vierawetlands>

I'm still doing my best to find ways for families to safely enjoy an afternoon out of the house and discover various areas of our little piece of paradise. To those of us already effected by these terrible illnesses, please know you're not alone. Prayers are being sent for you.

If you ever wondered what was at the end of Wickham road... OK, so only a few of us ever have and fewer still have actually driven it. But doing so is certain to make you glad that you took this particular short trip.

The constructed treatment wetland system belongs to Brevard County Utility Services and they have done a great job of making something enjoyable out of an everyday necessity. It is my understanding that treated water is released to finish filtering through a series of lakes and wetlands, making a haven for many water-loving wildlife creatures.

Everyone from hard core birders, professional and amateur photographers, eco-tourists and just plain wanderers like my co-traveler and I can spend hours enjoying some of the best Florida has to offer.

Named to honor a long time Brevard County employee who worked at the adjacent facility, the wetlands encompass 200 acres including several small lakes and a large one in the middle.

The wetlands were selected as the site for this project funded by the sale of Florida Wildflower license plates due to their unique setting and popularity as a birding and eco-tourism destination. It is included in the Great Florida Birding Trail. The entire wetlands central lake perimeter, approximately one mile of shoreline, was seeded with Florida wildflower species.

We visited in early December and were treated to the fall flora and fauna color changes only visible in our beloved Sunshine State. There are roads and pathways going all the way around the perimeter and intersecting in all four quadrants, each with it's own kind of beauty.

There is an informational kiosk at the entrance. Please take a moment to stop and read, perhaps taking a pamphlet that has the map or memorizing it so you can follow the pathways to avoid becoming lost, taking a wrong turn and having to try to follow a couple of young, thin joggers. You may want to take a moment also to try to stop the giggles incurred at the thought of us two slightly older, slightly 'thicker' lost souls actually keeping up with, (seriously?), or at least finding those

young runners.

Thousands of Black-Eyed Susans, Daisies, Cat-Tails and many more flowering plants and bushes I know by sight, but never learned the names, wave in the breeze from the shore of the lakes as you pass.

Visiting in the middle of the day, we didn't expect to see much wildlife, but a couple of alligators kept their eyes on us as we neared the gazebo, a racoon scurried into the bushes and something larger made it's way through the reeds as we circled the large lake.

We spotted two sets of Sand Hill Cranes. I'm hoping that means they are nesting there. Several different kinds of doves, a hawk circling overhead, and ducks swimming under the gazebo made us aware we had to keep our eyes open.

The butterfly garden had just about gone to seed, but I can imagine how great it must be in the Spring.

There are several places for picnicking, grassy areas that beg for kites, foot races, a game of tag or anything that comes to young energetic minds.

They do ask that you obey the few rules...Do not feed or approach alligators - if there is a question about this, ask any Floridian - or other wildlife. No swimming or wading (again, ask a Floridian.) No fishing or hunting. Pets are allowed but must stay on the leash. No motorized vehicles.

Once again please take only great memories and pictures-leave only footprints. And most of all, HAVE FUN!

## Get local help with your Medicare questions.

I'm William Chaney, a licensed sales agent in Brevard County. When it comes to Medicare, it's important to consider all of your options. What works well for your neighbor may not be the best fit for you. I know the ins and outs of Medicare, and I'm ready to answer your questions and help you find a plan that fits your needs.

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## COMMUNITY CALENDAR

**Alcoholics Anonymous** meets on **Sundays** at 5 PM, Tuesdays and Thursdays at 6:30 PM.

**Women's AA** meets on Thursdays and Fridays, 10 AM. **Both AA Groups meet at St. Patrick's Church, 4797 Curtis Blvd.**

**Overeaters Anonymous** - Due to Covid-19 we are meeting on Zoom. For meeting times or contact info, please visit [oaspacecoast.org](http://oaspacecoast.org).

**2-1 Compassionate Friends Support Group** meets the first Tuesday of every month at 6 PM in Cocoa Beach at the Lutheran Church of the Resurrection, 525 Minuteman Cswy. west of A1A, Fellowship Hall. Call 610-7875 for info.

### 2-2 Groundhog Day

**2-2 American Legion Auxiliary, Unit 359**, General Membership Meeting on the 1st Wednesday of each month, 6 PM at the Post Home, 7260 S. US 1, just north of PSJ. Call President Valerie Helmer at 321-268-1632.

### 2-4 World Cancer Day

**2-2 Bike Days at the Tiki, 1:00 - 5:00 p.m.**  
7260 S. US Hwy. 1, Bellwood, (just north of Port St. John), 321-268-1632. Contact Wayne Fowler,

Events Coordinator, American Legion Riders Post 359 at 321-307-1450 or visit their website, [alr359.org](http://alr359.org), for more information.

**2-10 The North Brevard Commission on Parks and Recreation** meets at 518 South Palm Avenue in the Brevard Room, located in a building on the north side of the parking lot behind the Brevard County Government Center-North in Titusville. The public is invited to attend. For questions, call Jeff Davis at 321-264-5105.

**2-11 Brevard Women's Connection** meets at Space Coast Convention Center (Holiday Inn Express) on Hwy. 520 from 11 AM until 1 PM on the second Friday of each month. The program includes a luncheon plus an inspirational speaker. For more information, call Pam at 321-752-6896 or e-mail [bwc0020@gmail.com](mailto:bwc0020@gmail.com).

### 2-13 Super Bowl!

**2-13 Word Weavers Space Coast**, a critique group for Christian writers, meets the 2nd Sunday at 2:00 PM at the Central Brevard Library in Cocoa. Visitors are always welcome. Email [angelagardnerwrites@gmail.com](mailto:angelagardnerwrites@gmail.com) for info.

**2-13 Calling all Christian authors!** Dynamic writers group in Cocoa offers training, critiques, and paid writing opportunities (2nd Sundays 2-4:30 PM at Cocoa Library). Contact D.P. Clarke at [lroyaldy@gmail.com](mailto:lroyaldy@gmail.com) for more information. Print "Writers Group" in Subject.

**2-13 Multiple Sclerosis Self-Help Group** meets on the 2nd Sunday each month (except Mother's Day & Nov.), 2 PM, Cocoa Library.

### 2-14 Valentine's Day

**2-16 American Legion Post 359** meets at the Post Home at 7260 S. US 1 in Bellwood, (2 miles north of PSJ), 6:00 PM. All Legionnaires and new members are welcome. The Post meets on the 3rd Wednesday of each month. Please contact the Post at 321-268-1632 for assistance with your membership or information.

**2-18 PSJ Business Connections Luncheon**, sponsored by the Titusville Chamber of Commerce, meets on the 3rd Friday of the month at 12:00, PSJ Library on Carole Ave. Call Dennis Watkins at 267-3036.

**2-21 Moonport Modelers RC Club** meets at 6:30 PM, 3rd Monday each month at the N. Brevard Library, 2121 S Hopkins Ave., Titusville. For more info, call Wayne Mendez, 505-2361.

### 2-21 Presidents Day

**2-22 Moonlight Quilters Guild** meets at the North Brevard Library in Titusville, 2121 Hopkins Ave. on the 4th Tuesday of each month (no meeting April or December). Meet and greet and refreshments at 6:00 pm, meeting at 6:15 pm, usually followed by show and tell or a guest speaker. Email [Moonlight.Quilters@yahoo.com](mailto:Moonlight.Quilters@yahoo.com) for more information.

**2-26 Veteran's Breakfast**, 9:00 at St. Patrick's Anglican Church, 4797 Curtis Blvd., PSJ on the last Saturday of each month.

### 2-28 Lailat Al Miraj

Congratulations to:

**Cooper Sanchez** turns **1** on the 2nd.

**Kara Scott** turns **11** on the 2nd.

**Kyle Davis** turns **28** on the 3rd.

**Jack Bray** turns wilder on the 3rd.

**Cheyenne Marquez** turns **18** on the 4th!

**Drake & Madison Rowell** are **25** on the 7th.

**Amethyst Crawford** turns **21** on the 7th

**Cassidy Michonski** turns **24** on the 7th!

**Jennifer Wilson** turns **3-0** on the 9th.

**Nicolas Wagner** turns **18** on the 11th.

**Segunda Leach** rocks the house on the 11th.

**Jamey Blevins** turns **17** on the 11th.

**Joshua Wilson** turns **27** on the 14th.

**Missy Crawford** turns cuter on the 18th.

**Samantha Hurst** turns **23** on the 23rd

**Cely Sanchez** parties wild on the 25th.

**Jason Sanchez** turns **22** on the 26th.

**Laura Wagner** is the Queen on the 27th.

**Kobi Ragan** turns crazier on the 27th.

**Ashlee Rickard** turns **15** on the 27th.

**Amber Baum** turns prettier on the 29th.

**Jack & Sue Bray** celebrate their **42nd** anniversary on the 1st.

**Adam & Dawn Niehoff** celebrate their **16th** anniversary on the 4th.

**Michael & Helen Lapardo** celebrate **35** this month.

**Tom & Laura Wagner** celebrate their **21st** wedding anniversary on the 17th.

**Derek & Leslie Rickard** celebrate their **18th** anniversary on the 21st.

*We have lots of room for more good news.*

Email inputs to [happenings1@att.net](mailto:happenings1@att.net).

### Important Phone Numbers

County Commissioner -	607-6901
Sheriff: Non-Emergency -	633-7162
Fire Station 26 (Port St. John)	633-2056
Emergency Operations Ctr -	637-6670
Waste Management -	636-6894
Roadway Maintenance -	264-5084
SCAT Bus Information -	633-1878
Port St. John Library -	633-1867
PSJ Community Center -	633-1904
Florida Power & Light -	723-7795
City of Cocoa Water Dept. -	433-8400
Parrish Medical Center	
Port St. John -	636-9393
Titusville -	268-6111
Atlantis Elementary School -	633-6143
Challenger 7 Elementary -	636-5801
Enterprise Elementary School	633-3434
Fairglen Elementary School -	631-1993
Space Coast Jr/Sr High School -	638-0750
Sexual Offender Registry -	
<a href="http://www3.fdle.state.fl.us/sexual_predators/">www3.fdle.state.fl.us/sexual_predators/</a>	

## Champagne & Chocolate Sweethearts Sip & Stroll



Historic Cocoa Village Main Street Presents Champagne & Chocolate Sweethearts Sip & Stroll on Saturday, February 12th from 5 until 9 p.m.

Grab your sweetheart and come on down to the Champagne & Chocolate Sweethearts Sip & Stroll. In addition to our normal offering of wine sampling and snacks, our merchants may have either champagne or sparkling wine and something chocolate.

For the ticket price of \$30, you will receive a Sip & Stroll commemorative wine glass, a Cocoa Village shopping bag, and a map of the participating merchants. Don't forget – your ticket purchase automatically enters you into the drawing for one of our fabulous gift baskets. For each of the outlying businesses visited, (marked in red on the map), a chance to win the special 'Treasure Zone' basket is earned. That's one additional chance to win for

each 'Treasure Zone' business visited.

Then the fun begins... stroll through the streets of Cocoa Village sampling wines, enjoying treats and taking advantage of merchants' special deals. Find that perfect gift for your sweetheart.

Questions? Call Susan at 321-631-9075.



### Bark Brew Fest

You are invited to the 18th Bark Brew Fest presented by Tails at the Barkery and the Dirty Oar Beer Company on Saturday, February 19, at the Dirty Oar Beer Company from 5:00 to 7:00 p.m. in Cocoa Village.

Play Bingo to win fabulous prizes! Bring your canine companion, sip your favorite libation, enjoy delicious food from Burger Rob's Food

Truck, practice social distancing, and join us for an evening of fun, including raffle baskets and a 50/50 drawing.

All proceeds to benefit golden retrievers and golden retriever blends rescued by Golden Retriever Rescue of Mid-Florida, a 501c3 nonprofit, whose ongoing mission is saving, protecting and rehoming golden retrievers and golden retriever blends that have lost their home and family. Serving our community since 1991 and supported by an all-volunteer staff, donations, and foster homes, GRRMF provides intervention, medical care, a home based foster care environment, adoptions and community education.

All pets must be on a leash or in appropriate carriers and have current vaccinations and county tags for the safety of our animals and friends.

We hope you can join us!

Contact:

Golden Retriever Rescue of Mid-Florida,  
[www.grrmf.org](http://www.grrmf.org) or

Pam Shaia at Tails at the Barkery, (321) 305-4584 or Dirty Oar Beer Company, (321) 301-4306.  
<http://www.tailsatthebarkery.com/>

## Before



## After



**Forestry Mulching**  
**Heavy Brush Cutting**  
**Under Brushing**  
**Dirt Work**  
**Tree Service**  
**Land Clearing**  
**Skid Steer Services**



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free estimate!**  
**We are licensed and Insured!**

**321.302.5686**  
**Matt Reynolds**  
**Owner**

## Port St. John Public Library

6500 Carole Ave., Port St. John,  
(321) 633-1867

Library Hours: Monday, Tuesday, Thursday and Friday, 9 a.m.-5 p.m. Wednesday, 12-8 p.m. and Saturdays, 10 a.m.-2 p.m.

Meeting rooms are available for reservation by calling the library and study rooms are open on a first-come-first-served basis.

Computers are available and we also offer scanning, wireless printing and faxing.

2/2 6:30 p.m.: Bookworms Book Club. See the Reference Desk for monthly book selection.

2/5 10:30 a.m.: Valentine Door Hanger craft class. \$40 fee due at signup. Registration required. See Reference Desk.

3/5 10:30 a.m.: Spring Door Hanger craft class. \$40 fee due at signup. Registration begins 2/9. See Reference Desk.

Thursdays, 3:00 p.m.: Storytime for Young Readers. Ages 6-12.

Fridays, 10:30 a.m.: Little Listeners storytime. Ages 2-5.

## Port St. John Library Advisory Board

Our PSJ Library Advisory Board is running terribly short on members. The members are appointed by our District One Commissioner Rita Pritchett, but the library staff is responsible for finding people that would be willing to serve on the boards and referring them to the Commissioner.

As the library advisory board is our community's voice in the operation of the PSJ library, it is important to have members who are concerned about our community as well as the needs of the youngsters and residents who use the library.

Members meet one evening a month for 30 minutes and give feedback about programming, building maintenance and use, library promotion and provide recommendations for the library's future in the community.

If you think you could give up an hour a month to help keep our library relevant and helpful to our community, contact the Library Director, Mary Lena Penna, at 321-633-1867 or email to mpenna@brev.org.

Your interest and help are appreciated.

# 2022 Space Coast Vipers Baseball Schedule

## VARSITY

2/21 HERITAGE  
2/24 CALVARY CHRISTIAN ACADEMY  
2/28 MCC  
3/2 HOLY TRINITY 3:30  
3/7 MERRITT ISLAND  
3/9 ASTRONAUT  
3/14 CARDINAL ROY 3:00  
3/15 CARDINAL ROY 3:00  
3/16 CARDINAL ROY 3:00  
3/23 ROCKLEDGE  
3/28 COCOA BEACH  
3/30 TITUSVILLE  
4/1 HOLY TRINITY 7:00  
4/4 COCOA \*SENIOR NIGHT\*  
4/7 ASTRONAUT  
4/11 MCC 4:30  
4/13 SATELLITE  
4/18 COCOA BEACH  
4/21 NORTH/SOUTH TBD  
4/25 TITUSVILLE  
4/27 MELBOURNE

## JV

2/21 HERITAGE  
2/25 BAYSIDE  
3/1 TITUSVILLE  
3/2 HOLY TRINITY 5:00  
3/10 COCOA BEACH  
3/21 BAYSIDE  
3/24 HOLY TRINITY 4:00  
4/1 HOLY TRINITY 4:30  
4/4 COCOA BEACH  
4/6 HERITAGE  
4/11 ASTRONAUT

HOME GAME  
AWAY GAME

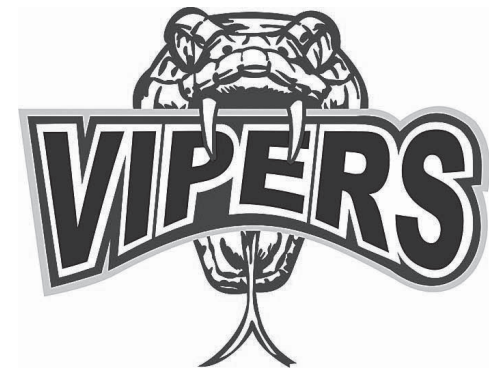
\*All games 6:00 pm start  
time unless specified above.

ESP



# 2022 Space Coast Viper Softball Schedule

Date	Start Time	Game / Event Name	Location
2/15/2022	7:00 PM	Pre Season at Two Game Tournament TBD (Varsity)	Spruce Creek HS (Port Orange)
2/17/2022	5:00 PM	at Two Game Tournament TBD (Varsity)	Spruce Creek HS (Port Orange)
2/22/2022	5:15 PM	at Titusville High School (Junior Varsity)	Titusville High School
2/22/2022	7:15 PM	at Titusville High School (Varsity)	Titusville High School
2/23/2022	5:15 PM	at Cocoa High School (Junior Varsity)	Cocoa High School
2/23/2022	7:15 PM	at Cocoa High School (Varsity)	Cocoa High School
2/24/2022	5:15 PM	at Rockledge High School (Junior Varsity)	Rockledge High School
2/24/2022	7:15 PM	at Rockledge High School (Varsity)	Rockledge High School
2/28/2022	5:15 PM	Home Vs Cocoa Beach	SCHS Softball Field
3/2/2022	5:15 PM	vs. Spruce Creek HS (Junior Varsity)	SCHS Softball Field
3/2/2022	7:15 PM	vs. Spruce Creek HS (Varsity)	SCHS Softball Field
3/4/2022	5:15 PM	vs. Osceola HS -JV	SCHS Softball Field
3/4/2022	7:15 PM	vs. Osceola HS (Varsity)	SCHS Softball Field
3/8/2022	5:15 PM	at Merritt Island High School (Junior Varsity)	Merritt Island HS
3/8/2022	7:15 PM	at Merritt Island High School (Varsity)	Merritt Island HS
3/10/2022	5:15 PM	vs. Astronaut High School (Junior Varsity)	SCHS Softball Field
3/10/2022	7:15 PM	vs. Astronaut High School (Varsity)	SCHS Softball Field
3/11/2022	12:00 AM	at JV Tournament - 3 Game	Satellite High School
3/12/2022	12:00 AM	at JV Tournament - 3 Game	Satellite High School
3/12/2022	12:00 AM	at JV Tournament - 3 Game	Satellite High School
3/22/2022	6:00 PM	vs. Holy Trinity Academy High School (JV Team)	SCHS Softball Field
3/24/2022	5:15 PM	vs. Rockledge High School (Junior Varsity)	SCHS Softball Field
3/24/2022	7:15 PM	vs. Rockledge High School (Varsity)	SCHS Softball Field
3/29/2022	12:00 AM	at Cocoa Beach High School (Varsity)	Cocoa Beach HS
3/29/2022	5:15 PM	at Cocoa Beach High School (Junior Varsity)	Cocoa Beach HS
3/31/2022	12:00 AM	at Kissimmee Klassic	TBD
4/1/2022	12:00 AM	at Kissimmee Klassic	TBD
4/2/2022	12:00 AM	vs. Kissimmee Klassic	TBD
4/2/2022	12:00 AM	vs. Kissimmee Klassic	TBD
4/5/2022	5:15 PM	vs. Cocoa High School (Junior Varsity)	SCHS Softball Field
4/5/2022	7:15 PM	vs. Cocoa High School (Varsity)	SCHS Softball Field
4/6/2022	5:15 PM	vs. St Cloud HS - JV	SCHS Softball Field
4/6/2022	7:15 PM	vs. St Cloud HS - Varsity	SCHS Softball Field
4/8/2022	4:00 PM	at DeLand HS - Varsity	Deland High School
4/8/2022	5:30 PM	at Deland High School (JV)	Deland High School
4/11/2022	6:00 PM	vs. Satellite HS Junior Varsity	Satellite High School
4/13/2022	6:00 PM	vs. Merritt Island High School (Varsity)	SCHS Softball Field
4/14/2022	6:00 PM	vs. Titusville High School (Varsity)	SCHS Softball Field
4/19/2022	6:00 PM	vs. Haggerty HS (Varsity)	SCHS Softball Field
4/20/2022	4:00 PM	Varsity Team Practice	SCHS Softball Field
4/21/2022	6:00 PM	vs. Cape Coast Conference Playoff	SCHS Softball Field
4/25/2022	6:00 PM	at Harmony HS (Varsity)	Harmony HS
4/27/2022	6:00 PM	at Lake Nona HS Varsity	Lake Nona High School
5/3/2022	6:00 PM	vs. District Playoffs Round 1: Seed #4 vs Seed #5	SCHS Softball Field
5/4/2022	5:15 PM	vs. District 5 Playoff - Semi-Final	SCHS Softball Field
5/4/2022	7:15 PM	vs. District 5 Playoff - Semi-Final	SCHS Softball Field
5/5/2022	4:00 PM	Varsity Team Practice	SCHS Softball Field
5/6/2022	6:00 PM	vs. District 5 Playoff Final	SCHS Softball Field



# SLEEPY HOLLOW



## Fruit From The Groves

On January 13, 2022 there was a meeting of the Canaveral Groves Homeowners Association held at Brevard Christian Church. At this meeting, elections for the 2022 year were held. All the positions stayed the same except for Vice President. After many years of service to the organization, Paul resigned as Vice President but is remaining a member of the organization. This position needs to be filled. Anyone who lives in the Groves and is a member in good standing and would like to fill the position should contact me on the Canaveral Groves Community Bulletin Board.

At this meeting, a Deputy Sheriff informed the group that there were only 2 major crimes in the Groves. One was an assault and battery in which the suspect was taken into custody. The other incident was when a male subject entered through an open garage door and confronted an elderly female in her bedroom. When the suspect saw her, he fled. This occurred in the area of Peppertree Street.

Again, this is a reminder to close and lock the doors in your home. There is only general information at this time on the suspect. The Deputy also advised that they are doing traffic stops out here in the Groves. Most of the individuals that

are violating the traffic laws live out here in the Groves.

It was also suggested because of the sun setting so early that people walking or riding their bicycles follow the traffic laws as well. Please wear bright or reflective clothing.

Brevard County Fire Rescue/Guardians of the Groves have been busy handling medical, fire and accident calls. It is also a reminder that we are in the dry season, and please be careful with fire.

The next planned meeting of the Canaveral Homeowners Association will be on May 12, 2022. Please stay up to date by watching the Canaveral Groves Community Bulletin Board and the Happenings.

Edward F Silva, President  
Canaveral Groves Homeowners Association

## What You Need to Know About Stomach Cancer

New treatment options are giving hope to patients with stomach cancer, an abnormal growth of cells that can affect any part of the stomach, but typically forms in the main part. Also known as gastric cancer, the disease is the world's sixth most common cancer with 1.09 million new cases in 2020, according to the World Health Organization.

"I tell patients who have been recently diag-

nosed with gastric cancer that there is hope," said Dr. Mohamad Sonbol, a cancer specialist at the Mayo Clinic in Phoenix. "We now have many more treatment options than before," he said in a clinic news release.

When the cancer hasn't spread, surgery is among them. It is the only curative approach for patients with localized or locally advanced stomach cancer. Other treatments, such as systemic therapy and radiation, increase the chances of a cure and lower the risk of the cancer returning.

Some immunotherapeutics are standard care for stomach cancer and some are in current studies. Among the new options for treating stomach cancer that has spread to other parts of the body is a regimen that combines chemotherapy with nivolumab, an immunotherapeutic drug. An option for patients with HER2-positive stomach cancer that has spread is fam-trastuzumab derux-tecan-nxki, which is administered by infusion.

Mayo Clinic describes chemotherapy as killing cells all over the body and immunotherapy as waking up the immune system to fight the cancer. While chemo works for a while and then stops, when immunotherapy works, it is usually for a longer time. Experts determine which regimen to choose based on different targets on the cancer cells.

Doctors typically diagnose the disease through endoscopy, in which the digestive tract is examined using a flexible tube with a light and camera attached to it. If it detects stomach cancer, they can use CT and PET scans to glean more information, according to Mayo Clinic specialists.

Screening for stomach cancer is not recommended for most Americans. It can, however, be used for those at higher risk. They include people who are obese, tobacco and alcohol users and those with a family history of cancer.

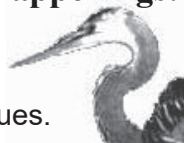
The American Cancer Society has more on stomach cancer at [www.cancer.org/cancer/stomach-cancer.html](http://www.cancer.org/cancer/stomach-cancer.html).

Source: Mayo Clinic news release.

### Meet your neighbors and stay informed of Events & Community Happenings!

#### **CANAVERAL GROVES HOMEOWNERS INC.**

If you'd like to join and support our Homeowners' group, just cut out and fill out this form and mail with a check for \$15 to cover the current year's membership dues. Mail to: CGHI, P.O. Box 675, Sharpes, FL 32959



Name \_\_\_\_\_

Address \_\_\_\_\_

E-mail \_\_\_\_\_

Phone \_\_\_\_\_

Won't you join us?

# Walter Butler Community Center February 2022

**Bernice G. Jackson Park, 4201 North US Hwy. 1, Sharpes**

The center is open Monday–Thursday from 10 a.m. - 8 p.m., Fridays from 9 a.m. to 6 p.m. and Saturday 10 a.m.-2 p.m. Schedule is subject to change. Call 321-433-4448 for latest information.

## MONDAYS – FRIDAYS

Pickleball, 11 a.m. – 2 p.m.

Open Computer Lab, 11 a.m. – 2 p.m. & 6 – 8 p.m.

Kids in Motion Aftercare, 2:45 p.m. – 6 p.m.

Open Gym, 6 p.m. – 8 p.m.

## TUESDAYS

Seniors In Motion, 10:30 a.m. -1 p.m.

Pickleball, 11 a.m. – 1 p.m.

Zumba, 5:30 – 6:30 p.m.

Open Computer Lab, 6 – 8 p.m.

Pickleball, 6 – 8 p.m.

## WEDNESDAYS

Pickleball, 11 a.m. – 2 p.m.

Volleyball Fundamentals, 5 – 8 p.m.

Open Computer Lab, 6 – 8 p.m.

Volleyball League Play, 7 p.m. – 9 p.m.

## THURSDAYS

Pickleball, 11 a.m. – 2 p.m.

Volleyball Fundamentals, 5 – 8 p.m.

Open Computer Lab, 6 – 8 p.m.

## FRIDAYS

Pickleball, 11 a.m. – 1 p.m.

Kids in Motion Aftercare, 1:30 p.m. – 6 p.m.

## SATURDAY

Open Computer Lab, 10 a.m. – 2 p.m.

Open Game Room, 10 a.m. – 2 p.m.

**Youth Basketball League** - Ages 6 – 14. Registration January 18 – February 18 at \$20 per player. Fee includes 6 games and jersey. February 19th is player evaluation, 8 a.m. – 2 p.m. No appointment needed. Games Saturdays starting March 19, 2022, 8:30 a.m. – 3 p.m. For more information call (321)433-4448.

**Volleyball Fundamentals** - Teaching proper playing techniques and teamwork. This class focuses on teaching beginners how to properly bump, set, spike, and more. Classes will be held on Wednesdays & Thursdays from 5 p.m. – 8 p.m.. For more information contact WBCC at (321) 433-4448.

**ZUMBA** - Let It Move You! There are a lot of ways to lose weight. Some are just more fun. Join the ultimate dance-fitness party that beats a boring old workout any day! Classes are every

Tuesday, 5:30 p.m. – 6:30 p.m.. Half the class is Zumba Toning, the other half is Zumba. Cost is \$5 per class or \$15 for the month. Adults of all ages/fitness levels are welcome.

Wear comfortable clothes and sneakers and be prepared to dance! Bring a towel and water. For more information, call Debbie Kowaleuski at (321) 403-6918.

**Seniors In Motion** - Seniors in Motion will meet Tuesdays from 10:30 a.m. – 1 p.m. and Thursdays from 10:00 - 1:00. Coffee and snacks will be provided. Thursdays are field trip day. Outings are in county and are 2 to 3 hours, depending on the outing location(s). For more information, call (321) 433-4448.

**Kids In Motion** - An after school program that focuses on anti-bullying and educational hands-on projects such as the Choice Program, 4-H club and STEM programs and Kids Art to enhance learning. Monday – Friday 2 p.m. – 6 p.m.. Program cost is \$30 weekly. Discounts are available for households living in the target area, eligible

for free or reduced lunch and/or qualifies for any other assistance offered. For more information, contact Walter Butler Community Center at (321) 433-4448.

## Bamboo Beauty Bar

Bamboo Beauty Bar, located at 3760 Curtis Blvd, Suite 604, is expanding and adding hair services. The Grand Opening is planned for February 1st. If you're looking for a single location to get your hair done, nails, facial and more...we are here to cater to you. Home bound? I will come to you!

Bamboo Hair Bar, LLC, is featuring plant-based products that are free of gluten, sulfate, paraben, and are cruelty free, our vegan formulations start in a base of coconut water. We've "cleaned" up haircare. Unconditional & uncomplicated, ALURAM is the new norm for beauty.

You may already be established somewhere. Our retail line may be something for you. You can purchase retail products and pick up curbside OR we can deliver for your convenience. Please call to schedule a time slot so we can maintain our COVID safe environment to check out what we have to offer. We look forward to meeting you!

Tammy McLachlan, Owner/Cosmetologist

321-213-5551 (cell/text)

Email: bamboohairbar2022@gmail.com

## New Enrolled Agent on Board!

### Pedro Baldeon, E.A

Higginbotham Companies, Inc.

"Providing Peace of Mind"

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Cocoa, Fl. 32926

(321) 632-5726

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